GAZELLE SPORTS – K CENTRAL – KAL HAVEN - 8 THRU 14 MILES

Start at Gazelle Sports, go south on Burdick , turn RIGHT on Lovell, turn RIGHT on Monroe, turn LEFT on West Main, turn RIGHT on Nichols, turn LEFT on Grand Prairie, 8 milers turn around near the tennis courts, turn RIGHT on Drake, 10 milers turn around near K-Central main entrance, 11 milers turn around appx 200 yds north of H Ave/Squires, turn LEFT onto KAL-Haven trail, 12 milers turn around appx 600 yards in, 14 milers turn around appx 600 yards past 10th St.