



### BHFC 4, 6, 7, 8, 9, 11, 16

Start at Borgess Health and Fitness Center run east to Nazareth Rd.

Turn left on Nazareth to Parchment St

Turn left on Parchment to Riverview Ave (Point 1 is 4 mile turnaround)

Turn left on Riverview to Mosel Ave (point 2 is 6 mile turnaround)

Turn right on Mosel to Pitcher (point 3 is 7 mile turnaround)

Turn right on Pitcher (becomes Northwood) to Westnedge (point 4 is 8 mile turnaround and point 5 is 9 mile turnaround)

Turn right on Westnedge to E Ave (point 6 is 11 mile turnaround)

Turn left on E to Douglas Ave

Turn left on Douglas to F Ave

Turn left on F to Westnedge

Turn right on Westnedge and back

