

KALAMAZOO AREA RUNNERS
TURKEY TROT
2009



Thanksgiving Day

Race Day Registration: 7:30 a.m. - 8:30 a.m.
 Start: 9 a.m.

New location!

Portage West Middle School
 7145 Moorsbridge Road, Portage, MI 49024

COST: FREE

(just bring donations as described below)

Sponsored by



Technical shirts* featuring the new logo:

Available for only \$17

Mail-in orders must be postmarked by Nov. 16

Online registration and t-shirt orders* available at www.kalamazooarearunners.com via SignMeUp

**available only with preregistrations*



Event Details:

The race will be held at West Middle School in Portage at 9 a.m. on Thursday, Nov. 26, 2009. It is a timed prediction run and awards are distributed based on the closest predicted to actual time. This is a free event but suggested donations are socks for the Kalamazoo Gospel Mission and toothbrushes, toothpaste and shampoo or a small toy for the Portage Community Center. Runners also have the option to purchase race t-shirts and/or make additional cash contributions on-line. Proceeds from t-shirts and additional donations will support the Turkey Trot and other Kalamazoo Area Runners (KAR) events and programs. Please visit the KAR website (www.kalamazooarearunners.com) for additional information on this event.

(Kalamazoo Area Runners does not endorse any specific political or religious viewpoint of partners, sponsors, and benefiting organizations.)

Beneficiaries:



Last Name _____ First Name _____ Phone _____

Address _____

City _____ State _____ Zip _____

Email _____ Age on 11/26/09 _____ Fee: **FREE** T-Shirt (\$17) S ___ M ___ L ___ XL ___ No shirt ___

Predicted Time: _____ Additional donation to KAR (Contributions support KAR events & programs) _____

In consideration of accepting my registration, I have full knowledge of the risks involved and am physically fit to participate in this event. I hereby agree for myself, my heirs, executors and administrators, to waive and release all rights and claims for damages I may have against the Kalamazoo Area Runners, West Middle School, Portage Public Schools, program sponsors, officers, directors and members and their agents, representatives, successors and assignees for any and all injuries suffered by me as a result of participation in this event's activities or runs, or which may arise out of my traveling to, participating in or returning from such events. I understand this is a cross country run, and KAR is not responsible for conditions which may include snow, ice, mud, fallen trees, brush, roots and other obstructions. Further, I agree to indemnify and hold harmless the Kalamazoo Area Runners, program sponsors, members, officers and directors from any liability or expense resulting from my participation in any Club program or event. I also authorize the Kalamazoo Area Runners to utilize any photographs or video recordings of my participation in any Kalamazoo Area Runners program or event for any and all purposes.

Signature (parent or legal guardian if under 18) _____ Date _____

Please return this application to: Kalamazoo Area Runners, c/o Bonnie Sexton, 22492 Vineyard Circle, Mattawan, MI 49071 or contact Scott Taylor at (269) 679-2351 or E-mail at sctaylor75@verizon.net